

Salads - Leafy

CAESAR SALAD romaine lettuce tossed in our signature creamy garlic Caesar dressing topped with Asiago cheese & crunchy croutons.

KALE CAESAR SALAD crisp kale tossed in our signature creamy garlic Caesar dressing, topped with Asiago cheese & crunchy croutons.

WILD GREENS mixed greens topped with a variety of seasonal berries & dried fruit; served with a house cranberry balsamic vinaigrette.

SPINACH TOPPED WITH BERRIES seasonal berries on spinach, mandarin oranges, & Asiago cheese served with raspberry vinaigrette.

TRADITIONAL SPINACH SALAD spinach topped with mushrooms, bacon, red onion, sliced eggs, &

goat cheese crumble served with our raspberry vinaigrette or poppy-seed dressing.

SPINACH BEET ROOT SALAD sliced beets on spinach with candied pecans & mandarin oranges topped with goat cheese & served with a poppy-seed dressing.

SANTE FE SALAD toss salad topped with sweet corn, diced tomatoes, peppers, olives, onions, cheddar cheese, & crispy tortilla chips served with a chipotle dressing.

WEDGE SALAD crispy iceberg lettuce, bacon crumble, & blue cheese served with ranch or blue cheese dressing.

Salads - Hearty

POTATO SALAD diced red potatoes, carrots, celery, & green onions served with a creamy garlic targon aoli.

ROASTED YAM, QUINOA, & KALE quinoa, roasted yams, kale, pumpkin seeds, raisins, bell peppers & red onions in a garlic vinaigrette.

WESTERN COLESLAW shredded cabbage, green onions, & bell peppers tossed in a sante fe dressing topped with tortilla chips.

CAPRESE SALAD heirloom cherry tomatoes, cucumbers, onions, bocconcini cheese, & fresh basil on a bed of greens with balsamic olive oil dressing.

AUTHENTIC GREEK SALAD tomatoes, cucumber, red onion, peppers, & salty black olives in a Greek style dressing topped with feta cheese.

GREEK PESTO PASTA SALAD tomatoes, cucumber, red onion, peppers, salty black olives, & rotini pasta tossed in your choice of a Greek pesto or creamy pesto; topped with feta cheese.

CREAMY PASTA SALAD diced cheese, onions, carrots, celery, broccoli mixed together in a creamy roasted garlic dressing.

SPANISH BLACK BEAN & CILANTRO PASTA SALAD rotini pasta, sweet corn, black beans, cilantro, lime & peppers; served with a chipotle vinaigrette.

THAI NOODLE soy & sweet chili marinated Chowmein, bell peppers, onions, carrots, fresh cilantro, garlic, & ginger.

ANTIPASTO PENNE SALAD sliced salami, green & black olives, cherry tomatoes, peppers, artichokes, & bocconcini with fresh herbs & a sundried tomato garlic dressing.

GOLDEN BEET SALAD golden yellow beets, slivered red onion, & roasted pistachios served with a raspberry vinaigrette.

QUINOA & SMOKED SALMON puffed organic quinoa, smoked salmon, roasted seasonal vegetables, & goat cheese served with a citrus herb vinaigrette.